

## WINIFRED DORAN PRIZE FOR EMPATHIC COMMUNICATION AND HOLISTIC CARE

### Purpose of Prize

This prize (est. 2023) is awarded to a student who demonstrates empathic communication skills and holistic care in their support of patients and commitment to Avondale University's values. It recognises Winifred Doran's long and varied nursing career spanning more than 30 years.

Winifred completed her general nurse training at the Hornsby and District Hospital and midwifery training at the Ryde District Soldiers' Memorial Hospital. At the end of her training, Winifred returned to Hornsby where she spent much of her career. She also spent several years nursing in palliative care hospitals around Sydney. Winifred retired in 1987 and died in 2022.

Teaching came naturally to Winifred, who spent many years as a nurse tutor at Hornsby, Princess Julianna Hospital at Turramurra and Royal Ryde Homes.

A letter from a patient, dated January 27, 1980, and addressed to the chief executive officer at Hornsby, is testament to Winifred's compassionate care and empathic communication:

"My wife was admitted as a day patient to undergo minor surgery and during her eight-hour stay was given superb attention by all the staff. . . . In particular, [Winifred] provided excellent nursing care. Her attention to detail, concern for patient comfort and calmness made the short stay most pleasant."

### Selection Criteria

The prize is awarded to a student who demonstrates:

- Empathic communication skills when supporting patients;
- Commitment to holistic care of patients;
- Perseverance in the course despite personal circumstances that have made a significant impact on study, and;
- Commitment to Avondale University's core values of excellence, spirituality, wellbeing, integrity and service.

### Administration of Prize

1. The Scholarships and Prizes Officer or equivalent will confer with Financial and Business Services each year to determine the balance of the prize reserve, to ensure monies are available for the current year, then confer with the Head of School (Nursing and Health).
2. The Scholarships and Prizes Officer or equivalent will confer with the Head of School (Nursing and Health) each year to determine any changes to criteria. The Scholarships and Prizes Committee will approve any changes.
3. The School of Nursing and Health meets in August or September to nominate a recipient for the prize, subject to the recipient meeting the criteria.
4. The School of Nursing and Health will present nominees for the prize to the Learning and Teaching Committee for approval.
5. A recipient can receive the prize only once.

### Sponsorship

The prize is sponsored by Associate Professor Carolyn Rickett and shall be provided by way of a gift card valued at \$500.

### Presentation of Prize

The prize will be presented during the consecration service on the Sydney campus.

### Citation

Established in 2023, the WINIFRED DORAN PRIZE FOR EMPATHIC COMMUNICATION AND HOLISTIC CARE

is awarded to a student who demonstrates  
empathic communication skills when supporting patients, commitment to holistic care of patients;  
perseverance in the course despite personal circumstances that have made a significant impact on study, and  
commitment to Avondale University's core values of excellence, spirituality, wellbeing, integrity and service.

The prize is awarded to

[Name of recipient]